

Recapturing the Joy of the Sabbath

"Case for Christ", part 9, November 7th, 2021
Rabbi Barney Kasdan, Grace Point Church

I. Shabbat is for Blessing (Mark 2:23-28)

- Harvesting on Shabbat
- 39 Avot = Many Toldot
- Haven't you read?
- David eats priestly bread
- Shabbat as a gift for mankind

II. Shabbat is for Healing (Mark 3:1-6)

- Yeshua at the synagogue
- Some watching him
- Healing on Shabbat?
- Pekuach Nefesh
- Pharisees + Herodian's Plot

III. The Sabbath or Sunday ... or both?

- Shabbat a Sign For Israel
(Exodus 31:15-17)
- Flexible Day For The Nations
(Romans 14:1-6)

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This Week's Discussion Guide (part 9):

Welcome to our ninth week of our 10 week study and discussion of the Gospel of Mark. Our last week meeting will be next week and then we will take a break from our weekly discussions. We plan to resume our study of the gospel of Mark in January.

At GPC, we are big on small groups :). May our church family grow warmer together as we meet in small groups to develop friendships and encourage each other as we learn to walk with Jesus and apply God's truths to our everyday lives.

Getting Started:

Last Sunday morning at GPC we looked at Mark 2:23 - 3:6.

We read and reflected on what Jesus had to say about the Sabbath and how the focus of the Sabbath had sadly shifted over the years.

God's desire was for us to carve out some time for rest, renewal and relationships.

Speaking of rest, what do you do to help you relax and get renewed?
If you had an afternoon all by yourself, what would you find enjoyable?

From the passage Barney taught on and your notes from last Sunday, what are some thoughts or certain Bible verses that stood out to you?

Discussion Together:

Why did God command the Sabbath to Israel?
How can our day of rest be a blessing to us?
How can our day of rest be a time of healing?
Why would God give some flexibility concerning our chosen day of rest?

Praying Together:

One of the benefits of meeting together is praying for one another. Before we wrap up, let's all share one prayer request so that we can lift each other up in prayer.